



Baltic Summer University



VYTAUTAS MAGNUS
UNIVERSITY
MCH0001

WELCOME!

Greetings to everyone who has decided to start (or extend) their acquaintance with the Baltics! Be assured that you have come to the right place: Vytautas Magnus University has almost 20 years of experience working in the field of Baltic Studies, sharing its expertise in world-renowned networks and collaboration projects, and attracting people to learn about Lithuanian language and culture at the University's oldest summer school.

Being confident about our excellence in the field of Baltic Studies, we have come up with the idea to convene professionals from other disciplines to Baltic Summer University and its specialized prequel, Summer School of Natural Sciences. The School will be hosted by our experts from the Faculty of Natural Sciences in June, offering condensed and comprehensive courses from Biodiversity Conservation to Practical DNA Analysis to trips to Lithuanian wetlands.

Baltic Summer University at VMU, which opens in July, will offer a variety of summer courses depending on your interests and needs: up-and-coming musicians will be taught by award winning masters and will perform at the closing ceremony of Baltic Summer University; those willing to understand why the Baltics are the best summer destination and learn about their culture, art, society, politics and economy should choose Summer School for Baltic Studies. This year, we have guest lecturers from Latvia and Estonia coming to us. Next year, we might broaden our range of actions and move around other Baltic countries for a more immersive experience. There is room to grow and we will definitely take your opinion into account!

For those who find themselves fascinated by the fact that the Lithuanian language is one of the oldest in the world and want to learn it as well as to find out more about Lithuanian culture, the obvious choice is our well-known Lithuanian Language and Culture Summer Course. Taking this course also gives you an option to learn or improve your skills in English or German. There is no better way to do this than to immerse in a multicultural environment and become inspired by the need to communicate with unfamiliar, fascinating people you are going to meet here. People who want to improve their entrepreneurial skills are welcome to join our Social Media Marketing Summer Course. Finally, if you are thinking about your career opportunities and work-related experience, Summer Internship Programme is tailored just for you.

While you will be learning all these amazing new things, be sure that we are not going to let you forget that it is summer after all. You will be offered a variety of social events, activities and trips to enjoy together with your summer school fellow students. Our aim is to give you a summer in the Baltics you are not going to forget.

See you in Kaunas!
Ineta Dabašinskienė
Vice-Rector for International Relations



WHY THE BALTICS

The time has come for you to discover the hidden gems (or rather amber stones) from the Baltic Sea shore – Lithuania, Latvia and Estonia, with their page-turning history, potato-based cuisine and tongue-twisting languages! It is not going to be easy but totally worth it.

What you might probably know:

- The Baltic countries - Lithuania, Latvia and Estonia - are the three countries on the eastern coast of the Baltic Sea.
- While they are called the Baltic sisters, united in the late 80s - early 90s by the relentless desire to become free again, recently Estonia has also been associated with its Northern neighbours.
- But it is understandable, since it is probably easier for the Estonians and the Finnish to hold a conversation. Their languages belong to the melodic Finnic language group, whereas Lithuanian and Latvian are Indo-European languages, equally beautiful and equally difficult to learn.
- We are the countries that sing! It is no coincidence that the movement which ended up in the re-establishment of our independence is called the Singing Revolution. By the way, Estonia and Latvia have already won the Eurovision Song Competition. How about Lithuanians? Well, we are very good at basketball!
- You haven't heard anything about the Baltics, right? So next time you contact someone on Skype, bear in mind that it is an Estonian invention. Jeans were invented by a Latvian-born US citizen, while George Maciunas, a founding member and the central coordinator of Fluxus (an international community of artists, architects, composers, and designers) is from Kaunas, Lithuania.



WHY LITHUANIA

Since you have already discovered the beauty of the Baltics, let us woo you into choosing Lithuania for your first (but definitely not last) summer in the Baltics.

Lithuanians take pride in a lot of things. For example, they take pride in the fact that in the 15th century the Grand Duchy of Lithuania was almost 14 times bigger than it is now. A famous legend tells that Vytautas Magnus, the Grand Duke of Lithuania, let his horse drink from the Black Sea. Whether the horses liked the salty water is a different question.

Lithuanians and Poles, with whom we have shared a great deal of time in a commonwealth, have adopted the first constitution in Europe. The Constitution of May 3, 1791 appeared just four years after the adoption of the United States Constitution in 1787. We could definitely call ourselves the trendsetters in Europe as the French Constitution was adopted four months later!

Fast forwarding to a more recent history, Lithuania has become one of the fastest growing economies in Europe because of its impressive talent pool, developed infrastructure and entrepreneurial talents. This might also have something to do with the fact that Lithuanians have one of the fastest Internet services in the world!

Lithuanians have the largest number of air balloons per capita. It does not mean that an average household has an air balloon and uses it to commute to work every day. But trust us, enjoying a wonderful view from above once in a while is indeed a great pleasure.

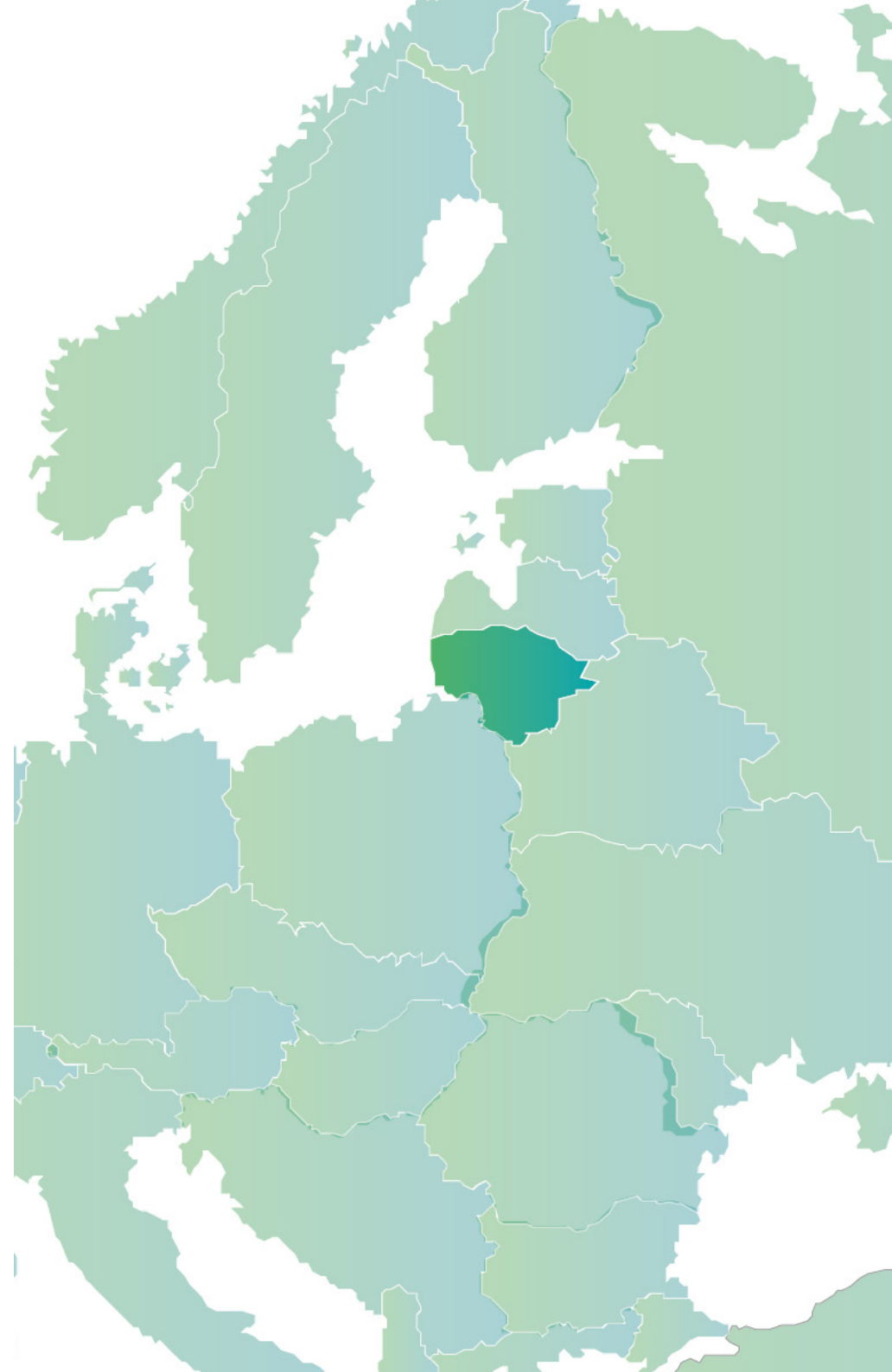
Lithuanians like basketball. We have quite a handful of other distinguished sportsmen, but winning the approval of a Lithuanian is easy if you know the names of some Lithuanians playing at NBA.

While you won't see any impressive mountain peaks, you might enjoy the excessive greenery, forests and some unique natural wonders like the Curonian Spit, a UNESCO World Heritage site. Even though our coastal line is not long, the one we have will be enough to mesmerize you! You may also take a walk in a forest 20 meters above the ground in Anykščiai, visit a castle in the middle of the lake in Trakai, watch some of the last bison in Europe or have a road trip along the Nemunas River, enjoying the banks of Nemunas on the left and the scenery of mounds, castles and manors on the right.

But there also are our cities to enjoy! The Old Town of our capital Vilnius, Europe's largest baroque city, is another UNESCO World Heritage Site, while Klaipėda, a coastal city built in the fachwerk style, reminds visitors of the city's German past. There are other fascinating cities for you to discover, including the one you will see for yourself. We mean Kaunas, of course.

FACTS ABOUT LITHUANIA

Capital:	Vilnius
Official language:	Lithuanian
Area:	65.300 km ²
Population:	2.979.000
National currency:	euro (from 1 January 2015)
Neighbouring countries:	Latvia, Belarus, Poland and Russia
Form of Government:	Parliamentary democracy
Head of State:	President – Dalia Grybauskaitė (since 12 July 2014)
The largest cities:	Vilnius, Kaunas, Klaipėda, Šiauliai
International membership:	NATO member since 29 March, 2004; Member of the European Union since 1 May, 2014; Schengen Area country since 2007



WHY KAUNAS

The best part for anyone to start their acquaintance with the Baltics, and Lithuania in particular, is undoubtedly Kaunas. While you may think we are biased in our suggestion, just hear us out!

Kaunas is at the heart of Lithuania and, therefore, rather evenly distant from other spots worth visiting, such as the capital city Vilnius. Remember? The one with a wonderful baroque old town? It takes just an hour to drive there, while a two-hour drive will get you to the seaside. That's the beauty of Lithuania: everything is so close!

Kaunas is frequently mentioned among the best cities of art deco design, so you will be able to witness the spectacular spirit of the interwar period in the centre of Kaunas, riding a funicular or enjoying a breath-taking panorama from the top of the hills surrounding the city. Proud citizens might tell you that during the interwar period Kaunas was the provisional capital of Lithuania but while these were certainly good times for Kaunas, they have not ended at that point!

So yes, architecture is one of the most solid reasons to see Kaunas: from the art deco centre to the medieval castle at the confluence of two rivers, from modern office buildings that look like a 1000 litas bill (the currency of Lithuania before the euro) to globally-acknowledged works of street art.

You can beat your museum-visiting record here as well, since Kaunas has the largest concentration of museums in Lithuania, including the museums of sports/ devils/ war/ paintings/ zoology/ aviation/ medicine/ folk instruments/ open-air folk museum/ literature/ atomic bunker/ clowns and so many more.

Kaunas is the city of universities and students, where approximately every sixth person of the population is a student. While students might not seem to be such a prominent category during the summer time, the spirit of freedom and youth is present all year round.

In winter, Kaunas turns into a fascinating Christmas town, acknowledged around the world for its original, eco-friendly and unconventional Christmas trees, surprising both the citizens and the guests every year. While you will not see any of this in summer, imagining Kaunas all adorned and decorated might inspire you to come back here during the winter season (snow might not be included into the deal).



ABOUT VMU

Throughout its short and exciting history, Vytautas Magnus University (VMU) has been faithfully nurturing its distinguished traditions. What sets this university apart is its willingness to organize studies, scientific research, and life of the community in a different way. Intellectuals from Lithuania and abroad participated in the reestablishment of VMU and defined its goals, which remain unchanged today. At VMU, the forerunning principles are liberal and democratic, emphasizing aesthetics, honesty, tolerance, and the ability to think independently. Through these ideals, creativity, progress and the development of national culture are all brought into sharp focus.

From the very first days of the university's re-establishment in 1989, the experiences of Western universities have been an important influence. Based on the model of universities like Harvard, VMU implemented a more modern approach to studies. In that respect, VMU differs from other Lithuanian universities in the freedom it gives students to choose and design their own study schedule, while also being the first Lithuanian institution of higher education to offer bachelor's, master's and doctoral degree studies.

University also distinguishes itself by fostering multilingualism and multiculturalism: 30 foreign language courses are offered and, as a reflection of global trends, more and more lectures are taught in English, many of them by professors from abroad.

Located at the heart of Kaunas city, VMU is deeply ingrained in the life of Kaunas, as the city enjoys the university's Jazz Connections Festival, performances by the VMU Music Academy's lecturers, students and Alumni, the first professional university theatre in Lithuania and other cultural, social and artistic activities hosted by VMU.

BALTIC SUMMER UNIVERSITY 2017

Date	Course
June 19 - June 23	Wetlands Biodiversity Assessment
June 19 - June 30	Applied Bioinformatics
June 19 - June 30	Biodiversity Conservation and Management (BiCoMa)
June 19 - June 30	Clinical Laboratory Diagnostics
June 19 - June 30	Environmental Changes and Sustainability (ENSUSTAIN)
June 19 - June 30	Practical DNA Analysis

“Summer School of Natural Sciences”

Date	Course
July 10 - July 14	
July 10 - July 14	
July 30 - August 6	Activate your English B1
July 30 - August 6	Activate your English B2
July 30 - August 6	German Language and Communication A1
July 30 - August 6	German Language and Communication A2.1
July 14 - August 11	Lithuanian Language and Culture Summer Course
July 30 - August 6	Masterclasses for Musicians
July 30 - August 6	Preparation for Standardized English Test (IELTS)
July 30 - August 6	Social Media Marketing
July 10 - August 12	Summer Internship Programme (SIP)
July 30 - August 12	Zoom in the Baltics: Summer School for Baltic Studies

“Baltic Summer University”



Content courses

Zoom in the Baltics: Summer School for Baltic Studies

Baltic States have been traditionally treated as a unit in terms of their geographic position, without going into detail about their individual qualities. They definitely share some similar points in history, flat and forested landscape and, as the name suggests, the proximity to the Baltic Sea. Moreover, they share difficult relations with the Soviet past, the “return” to Europe, the position in today’s world, and the challenges that might be awaiting them. However, each of them possesses different traditions, languages, and an individual social, economic and cultural development.

To ensure your immersion into the Baltic world, you will be exposed to a two-week-long experience that will reveal what the Baltics are all about. While this summer programme takes place in Kaunas, Lithuania, Latvia and Estonia will be properly represented by professors from the respective countries as well.

The programme offers activities that introduce social, economic, political, cultural and historical aspects of the Baltic region, includes various field trips and hands-on tasks, and expects you to deliver a final project from the selected field of interest. You will also learn some Lithuanian phrases for survival, discover the treasures of Lithuania, and enjoy new facts from unexpected disciplines – all of this is meant to introduce the Baltic Region. Still remember the Singing Revolution? We are going to sing too! The programme will, among other things, shed some light on the following thematic fields: politics, economy, society and culture.

Interdisciplinary: History, Politics, Economics and Regional studies, Art studies

30 July 2017 – 12 August 2017

3 ECTS, EUR 420

Social Media Marketing

The two-week-long course is divided into practical lectures and group work designed to apply the acquired knowledge in practice, such as in real market situations, as students will work hand in hand with real companies. Groups will create, develop and present social media marketing solutions for CEOs from real companies, thus gaining invaluable experience in Design Thinking, social media advertising, group work, contact making, and business negotiation practice. Based on the Design Thinking method, the course is led by the tutors from the Faculty of Economics and Management and social partners from the Advertisement Agency.

Management, Marketing, Communication Industry and Entrepreneurship, Communication and Media

30 July 2017 – 12 August 2017

3 ECTS, EUR 400



Language courses

Lithuanian Language and Culture Summer Course 2017

Each summer, Vytautas Magnus University offers an intensive (4 weeks) Lithuanian Language and Culture Summer Course for people of all ages who want to improve their speaking, listening, reading, and writing skills in Lithuanian. During the summer course students are offered a comprehensive programme consisting of Lithuanian language classes, lectures, workshops, discussions, movie evenings, sightseeing tours and excursions to learn the language and deepen the knowledge about the Lithuanian lifestyle and culture.

There are courses for all levels, from courses for beginners to advanced learners. Qualified teachers and professors head the programme. Students who are not complete beginners will take a placement test on the first day of the course to determine their level of Lithuanian.

The special VMU Lithuanian Language Studies scholarship for the Lithuanian Language and Culture Summer Course covers the tuition fee for the summer course and accommodation in the dormitory of VMU during the period of the summer course. The deadline for submitting application for 2017 Autumn semester or entire Academic Year 2017-2018 is June 18, 2017 23:59 EET.

Language, Culture

14 July 2017 – 12 August 2017

6 ECTS, EUR 650

Activate your English B1

The course aims at developing all essential communicative skills at B1 level: reading, writing, listening and speaking. Based on communicative methodology and a skill-oriented approach, the course enables learners to improve their phonetic, grammatical and lexical competences, make presentations, participate in role-play activities and discuss cultural issues. Students are briefly introduced to Lithuanian culture, traditions and contemporary lifestyle. The form of studies includes class work, seminars, group work, discussions, work in the SANAKO computer-assisted language learning lab and virtual MOODLE environment, individual work and activities of socio-cultural learning (e.g. getting around in Kaunas, coping with culture shock, a visit to Čiurlionis Art Museum, etc.)

Languages, Intercultural communication

30 July 2017 – 12 August 2017

3 ECTS, EUR 550

Activate your English B2

The course provides students with the B2 level of English placing a special focus on communication and cross-cultural communicative skills. The form of studies is blended learning, including class interaction, self-study tasks, work in the SANAKO lab and virtual MOODLE environment as well as activities of socio-cultural contexts (e.g. getting around in Kaunas, coping with culture shock, a visit to Čiurlionis Art Museum, etc.). This course is designed to improve the English language knowledge and competencies, offer opportunities to practice using them in real-life situations as well as to increase the learners' fluency and self-confidence when communicating in English.

Languages, Intercultural communication

30 July 2017 – 12 August 2017

3 ECTS, EUR 550

Preparation for Standardized English Test (IELTS)

The course aims at providing and developing practical academic English skills for successful exploitation in various academic contexts. It includes a review and a further theoretical and practical development of communicative skills for efficient use of the main grammatical and syntactic categories and structures necessary to pass IELTS. It is also designed to expand students' specific professional and academic vocabulary relevant to academic examinations. The form of studies includes class work, seminars, group work, discussions, work in the SANAKO computer-assisted language learning lab and virtual MOODLE environment, and individual work.

Languages

30 July 2017 – 12 August 2017

3 ECTS, EUR 400

German Language and Communication A1

The aim of this course is to enable students to communicate in German in simple everyday situations and to provide them with the basic knowledge of German grammar corresponding to level A1. The course prepares students for studying, living and working in German-speaking countries. Students learn to read simple texts with the aid of a dictionary, to communicate correctly and to produce their own short written texts using simple language. They also practise pronunciation. During the course, participants learn about the culture and history of German-speaking countries, using TV, radio broadcasts, and Web sources from Germany, Austria and Switzerland. The form of studies includes lectures, self-study tasks and work in the SANAKO lab and virtual MOODLE environment. Participants get prepared to study German in level A2.1.

Languages, Intercultural communication

30 July 2017 – 12 August 2017

3 ECTS, EUR 550

German Language and Communication A2.1

The aim of this course is to enable students to communicate in German in everyday situations and to provide them with the relevant level of German grammar. The course prepares students for studying, living and working in German-speaking countries. Participants learn to read various texts and to produce their own written texts using the relevant level of language. The form of studies includes lectures, self-study tasks and work in the SANAKO lab and virtual MOODLE environment. There is much focus on current, social, and cultural issues, using TV, radio broadcasts and Web sources from Germany, Austria and Switzerland. Participants learn to communicate correctly both in spoken and written forms in various situations and get prepared to study German in level A2.2.

Languages, Intercultural communication

30 July 2017 – 12 August 2017

3 ECTS, EUR 550

MASTERCLASSES FOR MUSICIANS

Classical Singing, Jazz Singing, Accordion, Piano, Strings (to choose one)

A wide variety of practical lessons for young and advanced musicians will involve various disciplines including classical singing, jazz singing, accordion, piano, and strings. Lessons will be tailored to each individual or a group of individuals to cover auditions and development of instrumental or vocal techniques to reach certain musical expression. A collaborative and constructive learning environment will be created to learn from music educators, who will provide extensive and inspirational coaching with the feedback. All the aspects of the participants' performance will be improved in a friendly, creative and supportive environment. The masterclass will provide an opportunity to understand and develop relevant criteria which the student in the audience can apply when assessing their own performances as well as when working with fellow musicians. The masterclass will enable the students to develop an understanding of what the standards of the music profession are. The masterclass leaders will demonstrate these standards through the demands and expectations they communicate when assessing, coaching and providing feedback for the students.

The final concert of all participants is offered as the last activity of the masterclass, thus the participants who have successfully achieved good results might be offered the possibility to play in the orchestra or perform as singers.

Music

6–12 August 2017

EUR 300



| Internship

Summer Internship Programme (SIP)

It is a five-week internship programme which provides the students with the possibility to do an internship at workplaces or institutions, social partners of VMU, including Kaunas City Municipality, medical institutions, museums and various NGOs.

Internship placements for students are provided based on the fields of their choice, including finance and economics, politics and international relations, medicine and social work, communication and public relations, marketing, advertising, technology, engineering, etc.

This programme offers:

- Internship placements based on the major field of studies;
- A chance to get to know the university and the modern Lithuania;
- Introductory week at VMU;
- Lithuanian language classes (optional);
- Cultural programme and trips (optional);
- 6 ECTS credits and VMU certificates.

All fields of studies

10 July – 11 August 2017

6 ECTS, EUR 450



Summer school of natural sciences

Biodiversity Conservation and Management (BiCoMa)

The course on Biodiversity Conservation and Management provides an opportunity to interact with various aspects of biodiversity: evolution and biodiversity, threats to biodiversity, plant taxonomy, evaluation and protection. The course consists of lectures, exercises, discussions, excursions, participant presentations and group work. Thematic field trips will be organised to protected areas and other interesting locations in Lithuania.

Life Sciences

19–30 June 2017

3 ECTS, EUR 300

Clinical Laboratory Diagnostics

Clinical laboratory diagnostic studies are a set of practical and didactic experiences. The school programme consists of lectures, practical activities in laboratories, and discussion of case studies during seminars, including blood testing methods and their clinical significance, urine testing, biochemical laboratory diagnostics, diagnostics of infectious and parasitic diseases, laboratory diagnosis of hereditary diseases, and immunological research methods.

Life Sciences

19–30 June 2017

3 ECTS, EUR 300

Environmental Changes and Sustainability (ENSUSTAIN)

The aims of the course are to introduce and analyse human-caused environmental changes, current local and global environmental problems and their trends, with special attention to the perspectives for sustainable development. The course programme consists of lectures, exercises, various discussion formats and group projects.

Life Sciences

19–30 June 2017

3 ECTS, EUR 300

Practical DNA analysis

This course is a comprehensive overview of key techniques in molecular biology, mostly related to DNA analysis. The course covers the techniques of DNA extraction, gel electrophoresis, PCR and restriction digestion. Upon completion of this course, the trainee will be able to extract genomic DNA from animal cells, perform agarose gel electrophoresis to analyse the DNA profile; amplify specific fragments of DNA using the polymerase chain reaction (PCR) technique; perform restriction digestion experiments and visualise the data obtained. The course consists of lectures, practical activities in laboratories and seminars of case studies.

Life Sciences

19–30 June 2017

3 ECTS, EUR 300

Wetlands Biodiversity Assessment

The course introduces participants to field methods and data analysis and includes theoretical and practical instruction in both the field and the lab. Participants will gain knowledge in using the latest techniques in field methodologies and the most recent analytical and instrumental tools. The course is especially suited to those interested in wetlands ecology, especially plant, avian and invertebrate biodiversity. During the entire course participants will stay on the territory of one of national parks in Lithuania.

Life Sciences

19–23 June 2017

3 ECTS, EUR 500



Application and living

How to apply

There are two steps in the registration procedure. The first step involves submitting an application; the second stage involves paying the fee for the chosen course. Check the prices in the description of each course.

After submitting the registration form, you will receive a confirmation email within 2 to 3 working days with detailed information about the payment. Finally, you will be asked to provide additional documents:

- Copy of passport / ID card
 - Curriculum Vitae
 - Payment receipt
- The registration fee is 30 EUR.

Application period

- Content courses: until July 14, 2017 (until June 12 for visa applicants)
- Language courses: until July 1, 2017 (until June 1 for visa applicants)
- Lithuanian Language and Culture Summer Course: until June 30, 2017
- Masterclasses for musicians: until July 14, 2017 (until June 12 for visa applicants)
- Internship: until March 31, 2017
- Summer School of Natural Sciences: until April 30, 2017

Health Insurance

Health Insurance is one of the obligatory requirements for all international students at Baltic Summer University that should be taken care of before students' arrival. There are two types of Health Insurance recognized in Lithuanian healthcare institutions:

- European Health Insurance Card
- Private health insurance

The insurance shall be valid throughout the entire study period and cover any expenses which might arise in connection with repatriation for medical reasons, urgency medical services, emergency hospital treatment or death during the stay.

Note! The applicants should possess the original documents together with their translations into English. Documents printed from emails will not be accepted.

VISA INFORMATION

Lithuania is a member of the Schengen Area so citizens of the countries not included in the waiver agreement need to have a visa to enter the country. Visa application procedure is students' responsibility.

Types of visas:

- Schengen visa for visits of less than three months.
- National visa (D) for visits between three months and a year.

Citizens of 78 recognized countries do not require a visa to enter Lithuania (a list of countries is available at www.migracija.lt).

Citizens of other countries need to apply for a Schengen visa or a National visa at Diplomatic Missions or Lithuanian Consulates. Please contact the diplomatic mission / embassy of the Republic of Lithuania in your country or in the nearest country where it is situated and provide us with the relevant documents. The decision is taken in 14 days.

Baltic Summer University can provide to you, if needed:

- Confirmation of Acceptance (original in English)
- Mediation Letter (original in Lithuanian)

HOW TO ARRIVE

The city of Kaunas is located in the centre of Lithuania, 100 km north-west of Vilnius, the capital city. There are several possibilities to come to Lithuania and Kaunas:

- **by plane:**
to Kaunas airport
to Vilnius airport
- **by train:**
to Kaunas railway station
to Vilnius railway station
- **by bus:**
to Kaunas bus station
to Vilnius bus station

International students are met upon their arrival. Therefore it is important that you contact the staff of Baltic Summer University and inform us about the date, time and place of your arrival at least a week in advance.

ACCOMMODATION

Baltic Summer University can provide accommodation at a VMU Dormitory located in the city centre. Accommodation in student dormitory costs 5 EUR/night (a shared room for two). The number of rooms is limited; therefore, students should book a room in advance.

Students can also arrange their own accommodation if they wish. Hostel prices start from around 10 EUR/night. There is also a wide selection of 2-4 stars hotels in Kaunas. Find more information about hotels at <http://visit.kaunas.lt/en/accommodation/>.

SOCIAL ACTIVITIES

Baltic Summer University has prepared a number of different social and cultural activities which are designed to accompany the academic courses you take. These activities will give you a chance to explore the Lithuanian culture and the beauty of our country. You will see so much more than just tourist highlights; you will have a possibility to enjoy and experience everything that Kaunas has to offer as a participant rather than an observer. Furthermore, we will invite you to visit our capital Vilnius and other wonderful places of Lithuania. You can join us and take part in all of our cultural activities or you can choose the ones you like best!

COST OF LIVING

Lithuania is considered an inexpensive country to live in. Monthly costs for students who study in Kaunas amount to approximately 350-800 EUR per month. The costs include: dormitory/apartment rent 70-200 EUR, food 150-250 EUR, learning aids 15-30 EUR, and leisure 100-300 EUR. Students are able to cut some expenses by using the Lithuanian student identity card, International student identity card or Erasmus Student Network (ESN) card for discounts.

The tables below provide estimated costs which might be helpful to plan and prepare your budget for a study and living period in Lithuania. Costs may vary depending on your needs, lifestyle and other factors.

Restaurants

Meal, Inexpensive Restaurant 5 €
Local beer (0.5 litre draught) 2.00 €
Cappuccino (regular) 1.51 €
Coke (0.33 litre bottle) 1.08 €
Water (0.33 litre bottle) 0.86 €

Markets

Milk (regular), (1 litre) 0.82 €
Loaf of Fresh White Bread (500g) 1.00 €
Rice (white), (1kg) 1.12 €
Eggs (pack of 12), 1.31 €
Local Cheese (1kg) 6.46 €
Apples (1kg) 0.93 €
Tomato (1kg) 1.23 €
Potato (1kg) 0.42 €
Water (1.5 litre bottle) 0.64 €

Transportation

One-way Ticket (local transport) 0.80 €

One-way Ticket with student ID (local transport) 0.40 €

Monthly Pass 26.63 €

Monthly Pass with student ID 5.33 €

Taxi 1km (standard fare) 0.68 €

Gasoline (1 litre) 1.04 €

Sports and Leisure

Fitness Club, Monthly Fee for 1 Adult 34.67 €

Cinema ticket 5 €

Rent per Month

Apartment (1 bedroom) in City Centre 279.22 €

Apartment (1 bedroom) non-Centre area 160.37 €

Note! Average prices are provided.

CONTACTS

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